

PHILATES  
PHYSICALMIND INSTITUTE

CONTINUING EDUCATION CREDIT SUBMISSION FORM

**FORM INSTRUCTIONS:**

Fax (212.343.1521) or mail this completed form along with ALL supportive documents to:  
PhysicalMind Institute, 84 Wooster Street, Suite 502, New York, NY 10012, Att: CEC.

Once we have received all required documents, PMI will send your Certificate Renewal Document within one week.

*Note: PhysicalMind requires completion of 1 Continuing Education Credit for Mat/Standing Certification renewal and 2 credits for Apparatus renewal (for a two year time period).*

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
Payment Information:  Check Enclosed  Credit Card: \_\_\_\_\_ exp \_\_\_\_\_

Date of Initial Certification in Mat/Standing: \_\_\_\_\_

Date of Initial Certification in Apparatus: \_\_\_\_\_

Expiration date on current Certification: \_\_\_\_\_

I am submitting the following information for \_\_\_\_\_ years of certification renewal:

**Home Study Course Exam: (1 CEC each)**

Submit with completed exam and \$35 fee (send check or provide credit card info).

1. \_\_\_\_\_
2. \_\_\_\_\_

**Publishable Article: (1 CEC each)**

Title: \_\_\_\_\_

700-1500 words with brief bio and any photos/diagrams. Email to [joan@dietdirectives.com](mailto:joan@dietdirectives.com).

Article will appear under PMI Forum in Current Articles.

**Institute Course: (2 CECs each)**

1. \_\_\_\_\_
2. \_\_\_\_\_

**Pilates-Related Workshop (hosted by outside organization): (1 CEC each)**

Submit with course description and \$35 fee for each course (send check or provide credit card info).

1. \_\_\_\_\_
2. \_\_\_\_\_

**Certifying Studio Workshop (1 CEC each)**

1. \_\_\_\_\_
2. \_\_\_\_\_